

Your Dementia Wellbeing Plan



We know how important it is to you that the care you receive is personalised to you and your needs, and that wherever you receive your care, it is joined-up so you don't have to keep repeating your story over and over again.

That is why we've been working Dementia United and the Alzheimer's Society to introduce a digital Dementia Wellbeing Plan so that whenever and wherever you need care, the people supporting you have the right information to make the most informed decisions with you.

The Greater Manchester dementia wellbeing plan was developed by Dementia United who collaborated with experts by experience to ensure that the content of the dementia wellbeing plan focused on the priorities for people living with dementia and family carers. It promotes personalised planning conversations with people living with dementia and carers about their needs and wants. The plan ensures an improved standard of care planning for people living

with dementia and also facilitates sharing across the system. You can find out more here <https://dementia-united.org.uk/dementia-wellbeing-plan/>

There's also a new app – My GM Care – that allows you to see your patient information.

Your patient information about your dementia care is being transferred from your GP practice's case notes to a new central digital platform – the GM Care Record – meaning those involved in your care can access the relevant information whenever and wherever they need it to support you through your care plan.

Your Access to the Dementia Wellbeing Plan

You can also access, view your Dementia Wellbeing Plan by downloading the “My GM Care” app on to your smartphone. You'll be able to see all your patient information.

Download now on either your Apple or Android device.



Your Right to Object to Your Information Being Shared

The purpose of the GM Care Record and the Dementia Wellbeing Care Plan is to improve the care that you receive, however, if you don't want your information to be shared, you have a legal right to object to your information being shared through the GM Care Record.

We ask you to think carefully before making this decision. Sharing your health and care information will make it easier for services to provide the best treatment and care for you when you most need it. Please contact your health and care provider to discuss this further.

In Partnership with:

Health Innovation Manchester, Dementia United & Alzheimer's Society