

Richard's story

Lives in Bolton

Used the Hospital at Home (virtual wards) service in early 2023

“ I had a cardiac arrest following a heart attack and I needed to go into hospital. When I was ready to be discharged the hospital needed to continue to monitor how I was getting on. I was lying in hospital connected to the machines and that was all I was doing, there was no treatment needed, they just needed to keep an eye on me.

They asked if I wanted to go home and take part in the virtual wards scheme, they described what it entailed, and I was more than happy to. I'd rather be lying in bed at home than in bed at hospital.

I was handed a band to wear on my arm and the monitoring took care of everything. It was just like wearing a watch. Occasionally I would need blood tests so a couple of nurses would still visit me to make sure I was alright.

You've got your home life available to you, you're fully mobile and you don't have to stay in. I could continue to go out to the shops and the bakery, you can live your life as normal. You can have visitors when you want, without having to stick to the hospital visiting hours.

If you're eligible to take part, I would say go for it. It's ideal, it gets you out and away from the hospital environment into your home life where you are happier, and more relaxed and settled.”

Richard's wife, Hazel, said:

“ It was lovely to have Richard at home and to still be within his company. It made such a difference for me not having to travel into the hospital to visit, it meant we could continue life as normal. Life didn't change and it was nice and comfortable to be at home.”

I'd rather be lying in bed at home than in bed at hospital.

The care of hospital, the comfort of home



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gmhospitalathome.co.uk

