

# Tania's story

Aged 64, from Salford  
Hospital at Home (virtual wards)  
patient in 2022

“ I have a number of long-term conditions, one of which is bronchiectasis. When I was referred to Hospital at Home (virtual wards) they said it would be for two weeks. I asked ‘what exactly is going to happen?’. They said you will go home and we will arrange a time for a nurse to phone you every day. They will talk to you about your symptoms and any questions you may have. I just thought ‘wow – that’s pretty good’.

I took my sats (oxygen saturation) each day and they’d ask for my temperature. It was really reassuring and comforting; I felt the security of knowing someone was at the end of the phone. Without Hospital at Home (virtual wards), I think they probably would have kept me in hospital to monitor me.

If someone asked me whether they should use this service, I would say ‘go ahead’. You don’t have to wait for visits, you don’t have to wait for a doctor. There’s no anxiety; it is very calming; you’re familiar with everything around you. Being able to use my own shower, wash my hair in my own bathroom, it just made such a difference – it all contributes to you getting better.

At one point, the nurse said she wanted me to talk to the doctor as my symptoms had got worse. Within 15 minutes of putting down the phone, the doctor called. She said if I followed her advice and increased my steroids, I was safe enough to continue at home; it was amazing.

In the past when I have been in hospital, as I’ve neared the end of my stay I have felt ok and then when I have come home I have felt insecure and anxious and a little bit frightened of coming home. It’s like a culture shock coming back home and learning to readjust. With this service, you don’t get that culture shock because you’re already home.

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The care of hospital,  
the comfort of home



Find out more:  
[gmhospitalathome.co.uk](https://gmhospitalathome.co.uk)

