

Forum Organizing Committee

Stefano da Empoli
Renato Lauro
Andrea Lenzi
Giuseppe Novelli
Roberto Pella
Walter Ricciardi
Daniela Sbröllini

Forum Scientific and Technical Committee

Alessandro Cosimi
Francesco Dotta
Simona Frontoni
Antonio Gaudio
Gerardo Medea
Antonio Nicolucci
Federico Spandonaro
Chiara Spinato
Ketty Vaccaro

Organizing Secretariat
4Educational Srl
Via R. Venuti, 73 - Roma
Fax: 06/97605650
Email: info@4educational.it

Institutional Secretariat
Fondazione Charta
Via Visconti di Modrone, 18 - Milano
Tel.: 02/36558892
Email: charta@fondazionecharta.org

Press Office
HealthCom Consulting
Viale A. Doria, 14 - Milano
Email: diego.ferrero@hcc-milano.com
Email: laura.fezzigno@hcc-milano.com

Institutional support of  **Novo Nordisk**



CREATING THE WORLD OF TOMORROW 2019

4th HEALTH CITY FORUM

3rd ROMA CITIES CHANGING DIABETES SUMMIT

12th ITALIAN DIABETES BAROMETER FORUM

"At the Heart of the City"

ROME, 8-9th JULY 2019

LOYOLA CONGRESS HALL AT THE PONTIFICAL GREGORIAN UNIVERSITY

PIAZZA DELLA PILOTTA, 4

p
anni
del Manifesto
e diritti
e doveri
persona
diabete

GIORNATA NAZIONALE PER LA SALUTE
E IL BENESSERE NELLE CITTÀ



Under the auspices of





IMAGINE

THE

FUTURE

INSTITUTIONAL PATRONGES

Ministry of Health

National Association of Italian Municipalities - ANCI
Union of Italian Provinces - UPI
Conference of Regions and Autonomous Provinces Italian
Roma Capital City
Roma Metropolitan City

AUSPICES

Committee of Regions of the European Union- Italian Delegations
Embassy of Denmark in Italy
World Federation of Public Health Associations
European Public Health Association-EUPHA
Non Communicable Disease Alliance- NCDS alliance
European Urban Health Communicators Network - EUHCNET

ACADEMIC PATRONAGES

University of Rome "Campus Biomedico"
Catholic University of Rome
University of Rome "Tor Vergata"
University of Rome "Foro Italico"
University of Rome "Roma Tre"
University of Rome "Sapienza"

HEALTH AND CULTURAL PATRONAGES

National Institute for Health -ISS
Federsanità Italy
Italian Federation of Healthcare Trusts and Hospitals - FIASO
National Museum of Science and Technology "Leonardo Da Vinci"
Italian Farmers Association-CIA

NETWORK PATRONAGES

Italian WHO Healthy Cities Network
C14+ network
FareRete network

SPORT PATRONAGES

National Olympic Committee - CONI
Italian Athletic Federation- FIDAL
National walk school
Fitwalking Association
Play 4 Sport International

SCIENTIFIC SOCIETIES PATRONAGES

Association of Diabetes Specialists - AMD
Italian Dietology and Nutrition Association - ADI
Confederation Regional District Associations - Scientific
Society of Territorial Services - CARD
Italian Federation of Family Doctors - FIMMG
National Federation of Medical Associations of Surgeons and
Odontologists - FNOMCeO
Italian Wellness Alliance
Association of Italian Diabetes Nurses - OSDI
Italian Association of Healthcare and Hospital Psychology - PSISA
Italian Obesity Network - IO NET
Italian Society of Diabetes - SID

Italian Society of Endocrinology - SIE
Italian Society of Pediatric Diabetology and Endocrinology - SIEDP
Italian Society of Pharmacology - SIF
Italian Society of Gerontology and Geriatrics - SIGG
Italian Society of Health Technology Assessment - SIHTA
Italian Society of Internal Medicine - SIMI
Institute Institutional Relations in the Health System - IRIS
Public Affair Association
Italia Society of Obesity - SIO

RESEARCH INSTITUTES AND FOUNDATIONS PATRONAGES

Centre for Economic and International studies - CEIS - "Tor Vergata"
Social Investment Study Center - CENSIS Foundation
Center for Outcomes Research and Clinical Epidemiology CORESEARCH
Consortium for Economic Research in Health - CREA Sanità Diabete Italia
Charta Foundation
Umberto Di Mario Foundation
International Agency for the Prevention of Blindness –
Italian Section – NPO - IAPB
International Society for Pharmacoeconomics and Outcomes Research - ISPOR Milan
International Society for Pharmacoeconomics and Outcomes Research - ISPOR Roma
Institute Institutional Relations in the Health System - IRIS
Public Affair Association

PATIENT ORGANIZATIONS AND SOCIAL PATRONAGES

National Committee for the Rights of People with Diabetes
YMCA Health
Patients Academy
Young People with Diabetes Association - AGD
Italian Diabetics Association- AID
Italian Association for the Defense of the Interests of People with Diabetes
National Federation of Italian Athletes with Diabetes - ANIAD
Italian Association for Diabetes Research - ARDIItalia
Active Citizenship- Cittadinanzattiva
Diabete Forum: Youth and Adults Together against Diabetes
Italian Federation of Associations of People with Diabetes - FAND
Juvenile Diabetes Federation - FDG
FareRete network
Senior Italy
Sostegno 70 NPO – Together with Young People with Diabetes

HOSTED BY

IBDO Foundation
Health City Institute
Institute for the Competitiveness -ICOM
National Committee for Biosafety, Biotechnology and Life Sciences of Presidency Ministers
Council-CNBSV
Parliamentary Intergroup Quality of life the cities
Parliamentary Intergroup Obesity and Diabetes
National Observatory on health in the Italian Regions
Cities Changing Diabetes

MEDIA PARTNER

URBES

Rational

“Over 3 billion people live in metropolitan areas and megalopolises today.¹”

Over 3 billion people live in metropolitan areas and megalopolises today. In 2007, the world population living in cities exceeded 50% for the first time in history, and this percentage is on the increase according to WHO estimates. By 2030, 6 out of 10 people will be living in large urban centers. When projecting this estimate further into the future, however, the percentage of people living in urban areas is expected to reach 70% by 2050.

This is a trend that has been changing the face of the planet for the last 50 years and it needs to be understood in all of its complexity.

We need to acknowledge that this is an unstoppable social phenomenon and an irreversible tendency, which has to be managed and studied from a number of different standpoints: city planning, transportation, industrial and work environment and, most importantly, health.

Today, cities themselves, and their model of development, are the front line in tackling the critical issues related to increased urbanization — naturally, public health is of primary importance among them.

Cities are not only the drivers of national economies but also centers of innovation. Thus, they are called upon to manage and respond to the dramatic demographic and epidemiological transitions occurring today.

The *Sustainable Development Goals (SDGs)* include health goals connected to urban development. These goals specifically focus on the HIV epidemic, as well as on reducing the death rate from **non-communicable diseases (NCDs)**. It has always been known that the prevalence of HIV is higher among people who live in cities. With reference to NCDs, urban lifestyles have only recently been focused on as a determinant factor together with the aging urban population, which also contributes to increasing the burden of chronic diseases. All social and demographic data show that increased urbanization and the increased load of non-communicable diseases are closely related factors.

Policy makers, administrators and especially city mayors will have to look at the growth of urbanization through different eyes, so as to become aware that the disability caused by chronic diseases will affect the development and sustainability of the cities they govern.

A new model of **urban welfare** is being created, which needs to be understood, analyzed and studied thoroughly. Furthermore, this model requires an **integrated approach with regard to the SDGs, since many of the current challenges require multi-sectoral collaborative efforts to attain the goals concerning health in cities.**

“400 million people worldwide have diabetes today. This figure will reach 592 million by 2035.²”

Clearly, the aims of increased life expectancy and improved quality of life in connection with a reduction of preventable deaths caused by NCDs will entail the establishment of **coordinating structures between the different sectors of urban governance which interact with health.** This coordination will occur by involving all government levels — local, regional and national — and will need to be supported both by global action and, as a primary factor, through the dynamic observation of health determinants in cities.

It will therefore be necessary to create a **Health Observatory in Cities** to identify the critical issues and encourage good practices, as well as to disseminate benefits evenly so as not to generate further discrimination.

New professional profiles will be needed to ensure coordination between city administrations and healthcare authorities, in order to implement synergies among the different policies concerning health. A **Health City Manager** may be the new interfunctional coordinator between all local components involved in the promotion of health in cities.

Another great challenge faces healthcare authorities around the world: counteracting the evolution of NCDs among which diabetes plays a key role.

Diabetes might prove to be the largest epidemic in human history.

About 400 million people worldwide live with diagnosed or undiagnosed diabetes today, according to the International Diabetes Federation (IDF). This figure will reach 592 million by 2035.

The European Diabetes Forum was established in Europe in 2018 as an effective means to provide concrete answers to people with diabetes. The idea underlying this initiative is to gather, in one network, all of the parties involved in diabetes in Europe.

However, major projects are needed to confront in a concrete manner a number of issues which are bearing a great impact from a healthcare, social, economic and clinical point of view: Urban Diabetes is exemplary.

Today most people with type 2 diabetes live in large cities, and current estimates show that this phenomenon involves over 2 out of 3 people with type 2 diabetes. In fact, according to International Diabetes Federation (IDF) data, of all the people diagnosed with type 2 diabetes worldwide, 246 million people (65%) live in urban areas, while 136 million live in rural areas. And this figure is on the increase. **It is estimated that 70% of people with diabetes will be living in an urban area by 2035: overall, 347 million people versus the 147 million living outside cities.** Cities appear to be “catalysts” for diabetes in that people who move to a city are more likely to develop the disease compared to those who live away from large centers. This is worrisome, especially when considering that most of the world population today, for the first time in human history, lives in urban areas. Furthermore, projections show that the number of urban residents will only increase.

“Reducing risk areas, such as the risk of cardiovascular complications.”³”

“Ensuring each health-policy action aims at improving the quality of life of people with diabetes.”

This is the basis for **Cities Changing Diabetes**, an ambitious programme aimed at facing the challenge posed by diabetes in large highly populated centers. The project already involves several metropolitan areas: Beirut, Buenos Aires, Mexico City, Copenhagen, Hangzhou, Houston, Johannesburg, Kariyama, Leicester, Mérida, Beijing, Shanghai, Tianjin, Vancouver, Xiamen, Jakarta and Madrid, as well as the Italian cities of Rome and Milan. **Eventually, the project will actively involve the municipal authorities of all major metropolitan areas worldwide in analyzing the reasons that underlie the growth of the disease, and identifying specific actions aimed at opposing its advance. In Italy, a number of cities important at a national level will also be involved, including Bari, Bologna and Turin.**

It is necessary to draft a roadmap on urbanization, health and diabetes.

We need to raise awareness of the health challenges related to urbanization, and the need to confront them through urban planning and multi-sectoral actions that reflect WHO recommendations. To this end, a roadmap is required, aiming at promoting concrete action and government strategies concerning the health risks generated by urbanization, especially with reference to diabetes.

The roadmap will identify the actions, in each city, required to prevent inequality so that every citizen can enjoy a healthy life, conceived of as a common good and as a driver for development and wealth for all.

In facing the diabetes challenge, we must move from mapping consistently how the disease impacts people's life expectancy and quality of life, so as to reduce specific risk areas, such as cardiovascular complications.

This is why we need to collect accurate data, and then use such data in a specific strategy aimed at making everybody understand the burden a disease like diabetes imposes on a social and individual level.

Efforts need to be aimed at ensuring that the goals of each health-policy action focus on improving the quality of life of people with diabetes, acknowledging them as **active protagonists in the choices and policy orientations, as well as people with rights and duties in terms of access to care.**

Italy can be the front line for studying all of these dynamics, provided that the national government, regional governments, city mayors, academia, health authorities, scientific societies, patients associations and experts are able to interact with each other with a virtuous, multi-sectoral approach — as opposed to a virtual, sector-specific and individualistic approach, thus avoiding the silo logics; that is, the lack of cooperation and exchange among the different institutions involved.



DISCOVER

THE

FUTURE

4th HEALTH CITY FORUM

3rd ROMA CITIES CHANGING DIABETES SUMMIT

“From Urban Health to Urban Diabetes”

8th July

14.00 | REGISTRATION OF PARTICIPANTS

FORUM MODERATORS AND FACILITATORS:

Franco Di Mare, Journalist, Anchorman

Daniela D’Onofrio, Blogger

Mario Pappagallo, Journalist, Director of URBES

Antonia Varini, Journalist

14.30 | OPENING SESSION “CITY WILL SHAPE OUR FUTURE”

INTRODUCES

Andrea Lenzi, President Health City Institute; President National Committee for Biosafety, Biotechnology and Life Sciences of Prime Minister

14.50 | INSTITUTIONAL ADDRESSES

Giulia Grillo, Minister of Health

Simone Valente, Undersecretary of State to the Presidency of the Council of Ministers for the relations with Parliament

Enzo Bianco, President of the National Council of Italian Municipalities Associations (ANCI)

Vice President of EU Committee of Regions and President of the Board of Director of Health City Institute

Angelo Diario, Deputy Mayor and President of the Commission Sport, Well-being, Quality of Life Roma Capital City

Alfredo Pontecorvi, Director Department Health and Hygiene, Vatican City State

Matt Regan, Senior Vice President of Region Europe Novo Nordisk

GOVERNMENT, PARLIAMENT, REGIONS AND CITIES PERSPECTIVE

Armando Bartolazzi, Undersecretary of State, Ministry of Health

Roberto Pella, MP and President of the Parliament intergroup on quality of life in the cities, Vice President Vicar of Italian Municipalities Associations (ANCI)

Daniela Sbrollini, Senator and President of the Parliament intergroup on quality of life in the cities

Alessio D’Amato, Assessor of Health, Region Lazio

Giuliano Barigazzi, Deputy Mayor for Health and Welfare, City of Bologna, member of the board Italian Healthy Cities Network

Veronica Nicotra, Secretary General of Italian Municipalities Associations (ANCI)

ACCADEMICS, HEALTH AUTHORITIES, CITIZENS PERSPECTIVE

Silvio Brusaferrò, President of National Institute for Health (ISS)

Giovanbattista De Sarro, Rector of University of Magna Grecia

Eugenio Gaudio, Rector of Roma Sapienza University, Vice President of Conference of Italian University Rectors

Antonio Gaudio, Secretary General Cittadinanzattiva

Renato Lauro, President IBDO Foundation

Giuseppe Novelli, Rector of Roma Tor Vergata University

15.40 | HEALTH CITY MANAGER: CORE COMPETENCES IN URBAN HEALTH MANAGEMENT” ROUNDTABLE

Stefano Capolongo, President of EUPHA Urban Policy health

Walter Ricciardi, President of World Federation of Public Health Association (WFPHA)

Carlo Signorelli, Member of EUPHA Executive council

16.10 | “FAO AND WHO LECTURES” ROUNDTABLE

Chiara Spinato, General Director Health City Institute

Tobia Zevi, Associate Research Fellow - Global cities desk geoeconomia, global cities ISPI

LECTURE: Anna Lartey, Director FAO — Nutrition and Food System Division (ESN)

Francesca Racioppi, Head of the WHO European Centre on Environment and Health, “Environment and Health”

16.45 | CITIES CHANGING DIABETES SUMMIT

“CITIES CHANGING DIABETES: THINK GLOBALLY ACT LOCALLY”

CHAIRPERSONS:

David Napier, University College of London, Coordinator of Cities Changing Diabetes

Francesco Dotta, President of Centre Study & Research of Health City Institute and General Secretary of IBDO Foundation

LECTURES:

Steffen Nielsen, Director of Cities Changing Diabetes “Status of Cities Changing Diabetes”

Cai Chun, Msc, MPH, Executive Deputy Director of National Office for Diabetes Primary Healthcare, Shanghai Jiaotong University Affiliated Sixth People’s Hospital “Cities Changing Diabetes s roadmap in Shanghai”

Faith E. Foreman-Hays, Assistant Director Houston Health Department

“Cities Changing Diabetes s roadmap in Houston”

Signature of the Urban Diabetes Memorandum of Understanding from Houston. Milan, Rome, Shanghai

17.15 | “ROMA CITIES CHANGING DIABETES: FROM MAPPING TO ACTION”

INTRODUCES:

Andrea Lenzi, President of Health City Institute, Coordinator of Cities Changing Diabetes in Italy

CHAIRPERSONS:

Giuseppe Quintavalle, Director General of the Roma Health Authority - RM 4 and

Commissioner Roma Health Authority - RM 5

Giorgio Sesti, President FO.RI.SID

DATASET:

Ketty Vaccaro, Director Welfare and Health CENSIS Foundation

Roberta Cialesi, Head of Health Department ISTAT

ACTION PLAN 2019/2022:

Marco Baroni, President of Italian Society for the Study of Diabetes (SID) Lazio

Lina Delle Monache, President Federdiabete Lazio

Lelio Morviducci, President of Italian Association of Clinical Diabetologists (AMD) Lazio

18.00 | “MILANO CITIES CHANGING DIABETES: SOCIO-DEMOGRAPHIC AND CLINICAL EPIDEMIOLOGICAL DATA”

ROUNDTABLE:

Michele Carruba, President of Milano Cities Changing Diabetes Executive Committee

Claudio D’Amario, General Director of Prevention at Italian Ministry of Health

Daria Maistri, Director of Welfare department, City of Milan

Nicoletta Musacchio, President AMD Foundation

DATASET:

Livio Luzi, President of Milano Cities Changing Diabetes Scientific Committee

Antonio Russo, Department of Epidemiology ATS Milano Metropolitan City

18.30 | ITALIAN ADVOCATES CITIES CHANGING DIABETES CITIES PRELIMINARY DATA ROUNDTABLE

Cristina Bargerò, Member of the board of directors C14+ Network

Roberta Gaeta, Deputy Mayor for citizenship rights and social cohesion, City of Naples

Ezio Ghigo, President Executive Committee of Torino Advocate Cities Changing Diabetes

Giulio Marchesini, President Executive Committee Bologna Advocate Cities Changing Diabetes

Fabio Sturani, Head of Marche Presidency Secretariat

DATASET:

BARI: **Vito Lepore**

BOLOGNA: **Paolo Pandolfi**

TORINO: **Giuseppe Costa**

19.30 | CHALLENGES AND C14+ PERSPECTIVE

Alessandro Cosimi, President of C14+ and Vice President Health City Institute

Stefano da Empoli, President Institute for Competiveness and Vice President Health City



BUILD

THE

FUTURE

12th ITALIAN DIABETES BAROMETER FORUM

9th of July

08.30 | REGISTRATION OF PARTICIPANTS

FORUM MODERATORS:

Daniela D'Onofrio, Blogger

Diego Freri, Communicator

Maria Rita Montebelli, MD and Journalist

Mario Pappagallo, Journalist, Director of Urbes

09.00 | WELCOME ADDRESSES & BAROMETER HONOURS 2019

Renato Lauro, President IBDO Foundation

Drago Vuina, General Manager & Corporate Vice President of Novo Nordisk Italy

BAROMETER HONOURS

Francesco Cosentino, Chair of Cardiovascular Medicine, Cardiology Unit, Department of Medicine, Karolinska University Hospital Stockholm

Stefano Del Prato, President of European Foundation for the Study of Diabetes (EFSD)

John Nolan, Executive Director EUDF

Giuseppe Paolisso, Rector University of Campania "Luigi Vanvitelli"

Vincenzo Scotti, President of Link Campus University, Former Minister of Internal Affairs

Antonio Tomassini, President of the Association for the Initiative Parliamentary on the prevention and Health, Former President Senate Health Commission

09.30 | EUROPEAN DIABETES FORUM SESSION

CHAIRPERSONS:

Simona Frontoni, President of Scientific Committee IBDO Foundation

Andrea Lenzi, President Health City Institute and President FO.RI.SIE

EUDF A CALL TO ACTION Lecture

John Nolan, Executive Director EUDF

Scientific Societies and Patient Association point of view

Francesco Dotta, University of Siena, General Secretary of IBDO Foundation

Domenico Mannino, President of Italian Association of Clinical Diabetologists (AMD)

Gerardo Medea, National Research Manager Italian College of General Practitioners (SIMG)

Francesco Purrello, President of Italian Society for the Study of Diabetes (SID)

Concetta Suraci, President Diabete Italia

Trade Associations point of View

Troels Vingtoft Rye-Andersen, Co-Chair European Federation of Pharmaceutical Industries-EFPIA Diabetes Group

CONCLUSION

Stefano del Prato, President of European Foundation for the Study of Diabetes (EFSD)

10.40 | “DIABETES IS A CARDIOVASCULAR DISEASE?”

CHAIRPERSONS:

Riccardo Candido, A.A.S. 1 Triestina, Italian Association of Clinical Diabetologists (AMD)

Agostino Consoli, University of Chieti, President-elected of Italian Society for the Study of Diabetes (SID)

LECTURE:

Francesco Cosentino, Chair of Cardiovascular Medicine, Cardiology Unit, Department of Medicine, Karolinska University Hospital Stockholm

“Diabetes Guidelines: new evidence and future changes”

11.10 | PRESENTATION OF ITALIAN DIABETES BAROMETER REPORT 2019

CHAIRPERSONS:

Graziano Di Cianni, AUSL Nord Ovest, Italian Association of Clinical Diabetologists (AMD)

Paolo Sbraccia, Vice President of IBDO Foundation

INTRODUCES

Domenico Cucinotta, University of Messina, Coordinator of Italian Diabetes Barometer Report

PRESENTATION OF BAROMETER REPORT:

Antonio Nicolucci, Director of CORESEARCH

Roberta Crialesi, Head of Health Department ISTAT

PANELISTS:

Alfonso Bellia, IBDO Foundation, **Amodio Botta**, Italian Association of Clinical Diabetologists (AMD),

Sebastiano Filetti, University of Roma Sapienza, **Davide Lauro**, University of Roma Tor Vergata,

Frida Leonetti, Italian Society for the Study of Diabetes (SID), **Giulio Nati**, Italian College of General Practitioners (SIMG)

12.10 | PRESENTATION OF THE IDF SURVEY “TAKING DIABETES TO HEART”

CHAIRPERSONS:

Salvatore Caputo, Catholic University of Roma, **Paolo Di Bartolo**, President Elect of AMD

PRESENTATION:

Enzo Bonora, University of Verona

12.30 | EUROPEAN DIABETES FORUM FIRST SESSION AND SIGNATURE OF THE MEMORANDUM OF UNDERSTANDING BETWEEN ITALIAN PARLIAMENTARY INTERGROUP “QUALITY OF LIFE IN CITIES“- BETWEEN ITALIAN PARLIAMENTARY INTERGROUP OBESITY AND DIABETES AND UK ALL-PARTY PARLIAMENTARY GROUPS (APPGS) FOR DIABETES

Hon. **Roberto Pella**, MP Member of Italian Parliament and President of the Parliament intergroup on quality of life in the cities

Right Hon. **Keith Vaz** MP UK Parliament, Chair All-Party Parliamentary Group for Diabetes

13.00 | LIGHT LUNCH

14.00 | PATIENT SUMMIT “I AM PEOPLE FIRST”

TEN YEARS OF THE MANIFESTO OF THE RIGHTS AND DUTIES OF THE PERSON WITH DIABETES

CHAIRPERSONS:

Emanuela Baio, Former Senator and President of National Committee for the rights people with Diabetes

Paola Pisanti, President of the National Diabetes Committee, Ministry of Health

INTRODUCES:

Massimo Massi Benedetti, President, Hub for International Health Research

PANELISTS:

Advocacy and Empowerment

Emilio Augusto Benini, FAND

Dominique Van Doorne, Accademia dei pazienti, EUPATI ITALIA

Antonio Cabras, FDG

Lucio Corsaro, Medipragma

Francesca Moccia, Cittadinanzattiva

Stefano Nervo, Diabete Forum

Access to cure

Marcello Grussu, ANIAD

Aurora Katmaier, ARD Italia

Giovanni Lamenza, AGD Italia

Carolina Larocca, OSDI

Eleonora Selvi, Senior Italia

Patrizia Oldrati, Sostegno 70

Raffaele Scalpone, AID

15.30 | CONCLUSION

Simona Frontoni, President of Scientific Committee IBDO Foundation

CHANGE

THE

FUTURE

